



Michele's Favorite Books for Emotional Healing

[The Inner Voice of Love](#), by Henri J.M. Nouwen

[Abba's Child](#), by Brennan Manning

[Changes That Heal](#), Dr. Henry Cloud

[The Return of the Prodigal Son](#), by Henri J. M. Houwen

[Knowing God](#), by J. I. Packer

[Soul Survivor](#), by Philip Yancey

[The Sacred Enneagram](#), by Christopher L. Heuertz

[The Road Back to You](#), by Suzanne Stabile & Ian Morgan Cron

[The Furious Longing of God](#), by Brennan Manning

[The Body Keeps the Score](#), by Bessel Van Der Kolk, M.D.

[Mindsight: The New Science of Personal Transformation](#), by Daniel J. Siegel, M.D.

[Childhood Disrupted](#), by Donna Jackson Nakazawa

[Emotional Agility](#), by Dr. Susan David